

About Our Practice

Headed by Andrew Dalwood and David Francis, PHYSIOWORKS Health Group provides outstanding General, Sports and Specialist Musculoskeletal Physiotherapy.

As a leading physiotherapy and allied health provider, PHYSIOWORKS offers service excellence and innovation delivered by committed, highly qualified, experienced, professional practitioners.

At PHYSIOWORKS we believe that regardless of age, lifestyle or physical abilities that **“Everyone is an athlete... we just have different events”**.

Our team are dedicated to delivering superior service and health care, working with you to tailor an individual program to restore and rehabilitate you back to normal movement and lifestyle – ready for the “different events” in your life.

Through quality assessment and treatment, based on scientific research and current best practice, our client’s needs are addressed with care and respect.

From initial diagnosis through to tailored management strategies and ongoing exercise regimes, we endeavour to provide prompt recovery and to lessen the chances of recurrence of your injury.



Specialist Physiotherapy

PHYSIOWORKS Principals, Andrew Dalwood (F.A.C.P) and David Francis (F.A.C.P) are **Specialist Musculoskeletal Physiotherapists**.

Andrew and David are acknowledged leaders in their field, with the highest level qualification in their profession, being two of only a select few Specialist Musculoskeletal Physiotherapists practicing in Victoria.

Andrew and David offer the highest level of expertise in assessing, treating and managing complex, difficult musculoskeletal problems. This expertise extends to providing patients, medical practitioners, doctors, other health professionals, insurers and legal practitioners with advanced diagnosis, management plans, expert opinions and evaluation of complex cases.

Our Services

Our experienced team of physiotherapists and health professionals at PHYSIOWORKS provide a range of specialty services including:

- **Specialist Musculoskeletal Physiotherapy**
- **Manipulative Physiotherapy**
- **Elite and General Sports Physiotherapy**
- **Paediatric Physiotherapy**
- **Woman’s Health Physiotherapy**
- **Workplace Assessments**
- **Injury Rehabilitation**
- **Clinical Pilates**
- **Dry Needling**
- **Exercise Physiology**
- **Hydrotherapy**
- **Massage Therapy**
- **Podiatry**

For detailed information about our services got to www.physioworkshealthgroup.com.au

Our Commitment to Your Health and Well-Being

Community

At PHYSIOWORKS we believe in preventative health care and encourage our clients to be proactive in maintaining their health and well-being.

Our group provides support to numerous local community sporting clubs, including providing health care service, support, education and assistance. Our specific aim is to assist the playing squad of each club – and their wider community - to achieve optimal performance through injury prevention, injury management, general health and fitness.

PHYSIOWORKS are the Sports Medicine partner of the *Casey and Cardina Football Netball League*, a long term partnership arrangement which highlights our commitment to community health and recreation.

Professional Elite Sport

Our experience extends to a wide range of professional elite sports with our team of health professionals providing their expertise to clubs and athletes across a range of sporting disciplines:

- AFL (*Collingwood FC*)
- VFL (*Collingwood FC, Box Hill Hawks FC*)
- Cricket Victoria (*Victorian Bushrangers*)
- Cricket Australia (*Melbourne Renegades*)
- Victoria Premier Cricket (*Camberwell Magpies CC*)
- Tennis Australia
- Australian Open Tennis

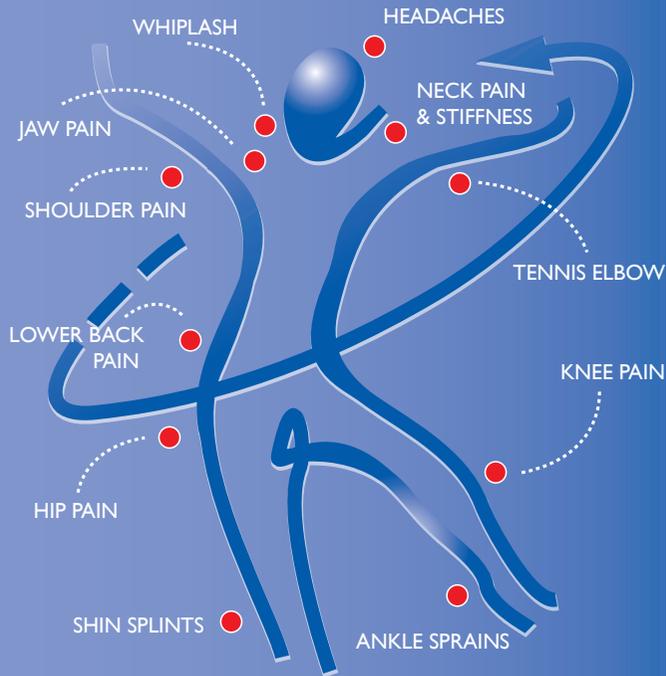
Research

PHYSIOWORKS Health Group is regularly involved in Research Studies working with leading research institutions, such as the University of Melbourne.

Specialist Musculoskeletal Physiotherapists Andrew Dalwood and David Francis are actively involved in physiotherapy research and education. They encourage their team at PHYSIOWORKS to undertake ongoing education and research and to develop innovative, evidence based, treatment techniques and management programs.

Physiotherapy: What can be treated?

Most musculoskeletal injuries can be treated by your physiotherapist including:



- BIOMECHANICAL PROBLEMS
- REFERRED PAIN
- POST FRACTURE & SURGICAL REHABILITATION
- POSTURAL ANALYSIS

Appointments

- We have a team of highly qualified male and female health care consultants' dedicated to delivery of superior healthcare services'
- Appointments are essential for consultations. All consultations are on an individual basis with the treating consultant.
- We appreciate 24 hour prior cancellation to avoid inconvenience to other patients and practitioners.

Professional Fees

- In order to maintain our fees at a competitive level payment is required on the day of consultation.
- Patients under Workcare, TAC and Veteran Affairs will be billed directly to the responsible body if all requirements are met.
- We accept EFTPOS, Visa, MasterCard, cash and cheques.
- Medicare can fund physiotherapy in certain circumstances.

Health Insurance

- A rebate for our services may be claimed through your private health insurance funds extras. Please check with your particular health scheme.
- Direct claiming is available at our clinics. Please enquire at reception about Instant Health Insurance rebates.

About us:

PHYSIOWORKS Health Group provides excellence in General, Sport and Specialist Musculoskeletal Physiotherapy care and treatment. Headed by **David Francis** and **Andrew Dalwood**, PHYSIOWORKS have been successfully providing quality care for patients for over 20 years. PHYSIOWORKS operates a network of four multi-discipline, 'state of the art' health care clinics across Melbourne including:

Camberwell	Cranbourne	Mulgrave	Pakenham
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PHYSIOWORKS[®]

Health Group

www.physioworkshealthgroup.com.au

